

Iroquois Employees Roped In to Live United

Saddle up and ride for a cause is exactly what employees did during Iroquois' annual Valley United Way charitable giving campaign. Every fall, Iroquois employees unite to support the Valley United Way, whose main focus is to raise funds to assist its 24 partner agencies in providing health and human services. As these agencies struggle to assist the increasing needs of their clients in these tough economic times, now more than ever, the spirit of helping those less fortunate is so important.

Throughout the week-long campaign, employees were "Roped In



to Live United," participating in various western-themed fundraising activities. The campaign kicked off with an ice cream social and concluded with a "chuckwagon" finale luncheon. Enthusi-

astically supported by the Iroquois Executive team, this year's finale featured "Jay and the Outlaws" (aka the Executives) expertly performing a country line dance to the tune of Cotton Eye Joe.

In addition to having a barn-raising good time, employees also raised the bar with a record breaking campaign. Employee participation reached 90% resulting in a total of \$61,000 raised for the Valley United Way. By choosing to Live United, Iroquois and its employees continue to make a positive impact in the community.

Corporate Challenge Promotes Wellness

On September 17th the competitive cry, "LET'S GET READY TO RUMBLE!" rang out beginning the inaugural BIC/IPOC Corporate Challenge. Employees from the neighboring BIC Corporation teamed up against Iroquois employees every Friday for four weeks and, with the spirit of Olympians, competed in a show of skill and strength.

The BIC/IPOC Challenge was created by the companies' Wellness Committees to encourage employees to be active while having fun in a competitive atmosphere. It also provided a social opportunity for those who preferred to sit on the sidelines and cheer on their colleagues. Over 50 employees from each company rose to the challenge by participating in

volleyball, relay races, tug-of-war, and H-O-R-S-E competitions.

The opening ceremonies were hosted by Iroquois with athletes welcomed by Iroquois President Jay Holm. Joined by Paul Russo, BIC's Vice President of Human Resources, they wished all of the competitors well in their pursuit of victory. To begin the games, Jay and Paul volleyed to win the serve for the volleyball competition. Jay was victorious, allowing Iroquois the honor to make the first serve.

Iroquois held the lead during the first two events – volleyball and relay races – with BIC rebounding during the H-O-R-S-E event. Going into the finale event, tug-of-war, the teams were tied, 6-6.

The tug-of-war event became the pivotal challenge and

demonstrated to both teams how difficult and strenuous tugging a rope can be. Try with all their might, Iroquois won only one of the three pulls, resulting in BIC being declared the winner of the first BIC/IPOC Challenge. In a show of true sportsmanship, Iroquois hosted a lunch in BIC's honor and presented them with the BIC/IPOC Corporate Challenge trophy. All participants were invited to attend the celebratory gourmet pizza lunch and each received a gift bag filled with promotional items.

The BIC/IPOC Challenge was deemed a success in promoting teamwork, company pride and corporate wellness, while providing an opportunity to network with our corporate neighbors.

Spares, Strikes and Gutter Balls to Support JA Programs

In a show of support for Junior Achievement's 25th Annual Bowl-a-Thon, Iroquois employees gathered for a fun-filled Saturday afternoon at the bowling lanes. Showing off their athletic prowess, Iroquois' two teams cheered each other on through strikes and gutter balls, while the pros offered advice on ball throwing techniques.

The afternoon was summed up by one of our bowlers, Lori Gwilliam, Sr. Administrative Support Assistant, who said "When

I arrived at the lanes it brought me back twenty years as a youngster when I was in a bowling league right at this very location. This was a fun event which I am grateful to be part of and I appreciate Iroquois sponsoring the JA Bowl-a-Thon to help children in our area."

This event is a major fundraiser for JA, and allows the organization an opportunity to raise awareness about their mission and educational programs. In addition to competing for top dollars raised and best over-

all bowling scores, teams were encouraged to submit an entry for the Best Dressed Pin Contest.

Iroquois' creative team came up with the ingenious idea of turning one pin into a cannon and another into a flying clown. Team members painted, drilled and glued to make the idea come to life, resulting in our entry – "Harold the Clown and His Cannon." While our teams did not win best bowling score, we did score 1st Place in the Best Dressed Pin Contest.



Iroquois Employees Head Off to School

Iroquois employees headed off to the classroom recently as volunteers to bring Junior Achievement of Western Connecticut's "JA in Two Days" program to all 7th and 8th grade students at the Shelton Intermediate School.

Junior Achievement's mission is to inspire and prepare young people to succeed in a global economy. Learning from volunteers through discussions and hands-on activities, the curriculum is delivered to students in two hour sessions over the course of two days. This program demonstrates a strong collaboration between educators, sponsors and community volunteers which benefits the students.

Volunteers have the option of selecting which of the two programs they want to teach. JA

Economics for Success, for seventh graders, explores personal finance, education and career options while demonstrating the economic benefits of staying in school. JA America Works, for eighth graders, provides students with examples of how business and entrepreneurship affected 19th century economic development in the United States.

"Having an 8th grader myself, I'm excited to get an opportunity to work with a class and help make an impact on their outlook for the future" said Jeff Galdenzi, Manager, Systems Development. "Nothing is more humbling then to teach children. This JA program offers a great opportunity to make an impact on so many children."

Iroquois thanks all its volunteers for taking the time to invest in the future of our youth.

Iroquois' 2011 Calendar

As part of its Public Awareness Program, Iroquois produces an annual calendar featuring places and items of interest within our pipeline communities. The calendar, which provides important safety information, is mailed to residents and businesses, public officials, and local emergency responders located near the pipeline.

Continuing the tradition of celebrating our pipeline communities, the 2011 Calendar highlights some of the many bridges located near our system from the Ogdensburg-Prescott Bridge on the US/Canadian border, to the Bronx-Whitestone and Throgs Neck bridges in New York City.

The calendars should be arriving in mailboxes by mid-December.

